I do not come into the room simply to inspire performance. I help audiences examine what may be happening beneath it.

DR. TASHA MAC

IDENTITY INTEGRATION SCIENTIST | AUTHOR | SPEAKER | FOUNDER



Dr. Tasha Mac, h.c. is an Identity Integration Scientist, author, speaker, and Founder of The Reset Studios™. She is the creator of Identity Integration Science™, an emerging interdisciplinary body of work examining how disruption affects human identity and what conditions support stabilization, integration, and sustainable performance.

Drawing from more than 25 years across business strategy, systems analysis, risk, leadership, training, finance, federal service, defense environments, higher education, and entrepreneurship, Dr. Tasha brings a systems perspective to the human side of performance. Her work has contributed to more than $5 billion in measurable organizational impact and reached more than 20,000 people through training, coaching, speaking, leadership development, and community engagement.

Through keynotes, leadership conversations, workshops, retreats, podcasts, and organizational engagements, she explores identity disruption, grief for the living, high functioning survival, structural stabilization, and sustainable human performance. Her work is non-clinical by design. There is no diagnosis and no label — because the people who need this most are the ones who will never walk into a clinical setting.

Her forthcoming 2027 book, ***Am I the Drama or Am I the Disruption?***, brings the human story behind this work into the public conversation.

SIGNATURE TOPICS

1. Am I the Drama or Am I the Disruption?
2. When High Performance Hides Disruption
3. The Missing Layer Beneath Performance
4. From Survival to Stability

25+ YEARS

$5B+ IMPACT

20,000+ REACHED



FORMATS

KEYNOTES | PANELS | PODCASTS | WORKSHOPS | EXECUTIVE CONVERSATIONS

Stabilization precedes sustainable performance and transformation.

RESET STUDIOS

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